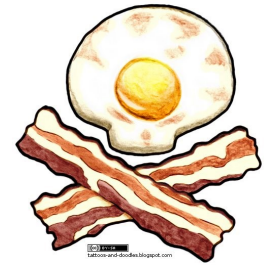


Breakfast of Champions



Day 1

Pancakes/
French Toast
Omelet
Or
Cold Cereal
Fruit
Milk
Chocolate
Milk

Day 2

Biscuits &
Gravy
Toast
Fruit
Or
Cold Cereal
Milk
Chocolate
Milk

Day 3

Breakfast
Burrito or
English
Muffin
Fruit
Toast
Hot or Cold
Cereal/Milk
Chocolate
Milk

Day 4

Caramel or
Cinnamon
Roll/Fruit
Cheese Stick
Yogurt
Or
Cold Cereal
Milk
Chocolate
Milk

Every Other Week Day 4

Doughnuts
Fruit
Cheese Stick
Yogurt
Or
Cold Cereal
Milk
Chocolate
Milk