# **Circle Public Schools Training Rules**

School policy is in effect concerning dress code. Coaches or advisors, at their discretion, may require more than the minimum.

# **HOURS:** Weeknights as per city curfew (10:00 pm)

Following a home contest, return home within one hour if there is a game the next day. When returning from an away contest, return home immediately. Friday and Saturday nights will have a minimum curfew of 12:00 midnight (as per city curfew). Coaches and advisors may establish earlier curfews.

1st Offense: Warning with disciplinary action by coach or advisor according to severity.

2nd Offense: Suspended for one week of interscholastic competition.

3rd Offense: Dismissed from the team.

# Alcohol, Drug, and Tobacco Use during extracurricular activities

Students participating in extracurricular activities shall not use or possess tobacco, alcohol, or illicit drugs during the school year. These rules are in effect twenty-four(24) hours a day. If a student receives an IP or is seen using tobacco, alcohol, or illicit drugs, the student will forfeit the privilege of participating in all extra activities, except graduation.

# **Policy Coverage**

A student shall not(1) use, possess, sell or distribute alcohol, tobacco, or illegal drugs or associate with someone who illegally does any of the above; or (2) abuse prescription or non-prescription drugs. This policy does not apply to prescribed drugs used under a doctor's supervision and as prescribed. "Possess" is to use a prohibited substance, have a prohibited substance in personal possession, or knowingly (as a reasonable and prudent person would know) being present at a function gathering at which a prohibited substance is illegally used. This policy is in effect each school year from the date of the first (1 st) fall practice of fall activities (August) until the last day of all school activities. Specific penalties for violation of this policy are listed below and are rendered at the discretion of the administration (i.e. the earliest scheduled practice among football, volleyball, cross-country).

Students subject to the actions below will receive due process, except when students self-report or report when confronted. (see definition below)

# **Policy Duration**

This policy is in effect each school year from the date of the first (1 st) practice of fall activities (August) until the last day of activities. Specific penalties for violation of this policy are listed in the student and athletic handbooks (and in 3390P).

# **Due Process**

If it is determined a student has violated this policy, the student shall be notified of the violation by telephone when possible and by mail. Also at this time, the student shall be notified of the type of discipline to be administered.

#### First Offense 3340P

- 1. Penalty of twelve (12) school days (if self-reported within 48 hours of the infraction). (Self-reporting is considered an unsolicited, offender-initiated admission of guilt).
- 2. Penalty of sixteen (16) school days (if offender offers admission of guilt when confronted by coach or administration-termed "confronted reporting". This admission of guilt must occur immediately upon confrontation).
- 3. Student may lose letter and/or awards.
- 4. Coach/Advisor may allow the student to practice if in an extracurricular activity

# OR

- 1. Penalty of twenty-four (24) school days (without self-reporting or without "confronted reporting").
- 2. Student may lose letter and/or awards if in an extracurricular activity.
- 3. Coach/Advisor may allow student to practice in an extracurricular activity.

# **Second Offense**

- 1. Penalty forty (40) school days (if self-reported within 48 hours of the infraction).
- 2. Penalty of sixty (60) school days (with "confronted reporting").
- 3. Penalty seventy-five (75) school days without reporting as listed above.
- 4. Student will lose letter and/or awards if in an extracurricular activity.
- 5. Student will not be allowed to practice if in an extracurricular activity.

# **Third Offense**

- 1. Penalty of one calendar year (365) days.
- 2. Student will not be allowed to participate if in an extracurricular activity.

In addition, these rules and consequences will be based upon the following definitions:

- 1. All penalties are based upon school days and calendar years. No time is adjusted for school vacations, weekends, or time that occurs between seasons (e.g. a student that self-reports to an administrator on Christmas Day of a first-offense alcohol possession on Christmas Eve will not begin his/her 12-day penalty until classes resume in January.
- 2. The principal will be responsible for the implementation of these rules.
- 3. Offenses accumulate during a given school year. Only the penalty for the third offense carries over to the next school year.
- 4. Rules are in effect 24 hours/day throughout the entire school year from the day of the first (1 st) practice of fall activities (August) until the last day of activities.
- 5. Penalties begin at the time that discipline is taken against the student.
- 6. If a student is under disciplinary action while participating in a co-curricular activity (i.e. band/choir student may be required to follow a restricted participation plan).

# **Appeal Process**

Any parent or student aggrieved by the imposition of discipline shall have the right to an informal conference with the principal to resolve the grievance. At the conference, the student and parent shall be subject to questioning by the principal and shall be entitled to question staff involved in the matter being grieved.

Student Signature	Date	
Parent or Guardian Signature		